



# Pediatric Patient History Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Gender: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Parents: \_\_\_\_\_

What name would you like to be called? \_\_\_\_\_

How were you referred to Family First? \_\_\_\_\_

Please briefly state reason for visit: \_\_\_\_\_

### TELL US ABOUT YOURSELF:

School currently attending: \_\_\_\_\_ Grade in school: \_\_\_\_\_

Who lives in your household? \_\_\_\_\_

Siblings: Yes or No How many: \_\_\_\_\_ Are they healthy? \_\_\_\_\_

Does anyone in the household smoke? \_\_\_\_\_

Pets: \_\_\_\_\_ Sports/extracurricular activities: \_\_\_\_\_

Do you exercise? Yes or No If yes, what type and how often? \_\_\_\_\_

How is your diet? \_\_\_\_\_

### OTHER HEALTH CARE PROVIDERS:

Do you see a dentist? Yes or No Last visit date: \_\_\_\_\_

Do you see an eye doctor? Yes or No Last visit date: \_\_\_\_\_

Do you see any other physicians or other health providers? Yes or No (If yes, please provide details)

Name: \_\_\_\_\_ Date of Last Visit: \_\_\_\_\_

Reason: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Last Visit: \_\_\_\_\_

Reason: \_\_\_\_\_

### BIRTH HISTORY:

Where were you born? (City and hospital) \_\_\_\_\_

Birth weight: \_\_\_\_\_ Type of delivery (choose one): Vaginal C-Section VBAC Forceps Vacuum

How many weeks gestation? \_\_\_\_\_ If premature, how long in NICU? \_\_\_\_\_

Any problems or complications during pregnancy or delivery? \_\_\_\_\_

Were you breastfed and for how long? \_\_\_\_\_



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**IMMUNIZATIONS:**

Up to date? **Yes or No** Any adverse reactions? If yes, please explain. \_\_\_\_\_

**FEMALES ONLY (If applicable)**

Age Menstrual Periods Began: \_\_\_\_\_ First Day of Last Menstrual Period: \_\_\_\_\_

If your periods have begun, do you have one every month? Yes or No If not, how often? \_\_\_\_\_

How many days do you bleed? \_\_\_\_\_ Menstrual Flow: (circle) Light Moderate Heavy Pain with Periods: Yes or No

**PAST OR PRESENT DISEASES OR SERIOUS ILLNESSES:**

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**SURGERIES or HOSPITALIZATIONS:**

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**ALLERGIES OR ADVERSE DRUG REACTIONS?**

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**MEDICATIONS:**

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**NON-PRESCRIPTION:** (over-the-counter medications, vitamins, laxatives, supplements, herbals, homeopathy, etc.)

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**FAMILY HISTORY:**

Have any of your immediate family members (e.g. parents, siblings, grandparents) had any of the following conditions?

Illness/Condition	Yes	No	Relationship to Patient	Illness/Condition	Yes	No	Relationship to Patient
Cancer				Thyroid disease			
Heart disease/heart attack				Depression/anxiety			
Stroke				Mental illness			
High blood pressure				Autoimmune disease			
High cholesterol				Other: (please list)			
Diabetes							
Sudden death before age 60?							